



From: 19.02.18	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast & snacks	Pastries Fresh fruit Yoghurt pots Cereal Cereal Bars A selection of cakes & cookies	Pastries Fresh fruit Yoghurt pots Cereal Cereal Bars A selection of cakes & doughnuts	Pastries Fresh fruit Yoghurt pots Cereal Cereal Bars A selection of cakes & muffins	Pastries Fresh fruit Yoghurt pots Cereal Cereal Bars A selection of cakes & doughnuts	Pastries Fresh fruit Yoghurt pots Cereal Cereal Bars A selection of cakes & muffins
Lunch					
Fresh soup	Soup of the day Croutons Tortilla chips Seeds	Soup of the day Croutons Tortilla chips Seeds	Soup of the day Croutons Tortilla chips Seeds	Soup of the day Croutons Tortilla chips Seeds	Soup of the day Croutons Tortilla chips Seeds
Main course	Chicken jalfrezi with poppadoms & condiments	Katsu chicken served with prawn crackers	Sausages served with root vegetable mash, red wine gravy & apple relish	Cottage pie	Homemade Thai fishcakes with sweet chilli dipping sauce
Vegetarian course	Vegetable korma with poppadoms & condiments	Butternut squash & aubergine katsu served with prawn crackers	Stuffed aubergine with pea, mint and orange quinoa and a tomato vinaigrette dressing	Quorn mince pasties served with vegetable & rosemary gravy	Stuffed squash with bulgar wheat salad topped with cheese sauce
Sides	Basmati rice Onion bhaji Puy lentil, tomato & spinach salad	Japanese rice Pickled carrot & cucumber Curly kale & broccoli	Sweet potato wedges Cauliflower cheese	Buttered new potatoes Vichy carrots Creamed savoy cabbage	Spiral fries Minted garden peas Sweetcorn
Salad Bar	Mixed leaf, tomato cucumber with a selection of dressing & toppers freshly prepared daily				
	Quinoa Pomegranate & herbs Broccoli & seeds Red onion & feta Chickpeas & basil Avocado & tomato	Coleslaw Prawns in marie rose sauce Boiled eggs Fennel Rice & peas	Noodles Mixed beans with lemon dressing Meat platter Artichoke & red onion Sweetcorn & olives	Roasted peppers Grated carrot Apple & celery Coronation chicken Tuna mayonnaise Bulgar wheat with pea & herbs	Brie cheese Sweetcorn, soya & cannelloni beans Thai noodles Scotch eggs Bacon
Dessert	A selection of fruit, fruit pots & cakes	A selection of fruit, fruit pots & cakes	A selection of fruit, fruit pots & cakes	A selection of fruit, fruit pots & cakes	A selection of fruit, fruit pots & cakes