

week 2

Weekly Menu



MONDAY

Soup of the Day

Butternut Squash

Main

Sweet Potato Cauliflower Masala
Steamed Rice

Main Vegetarian

Mushroom Halloumi Rocket
Burger

Pasta of the Day

Roasted Crushed Cherry Tomato

Side Orders

Crisp Skin On Wedges

Roasted vegetables

Dessert

Strawberry Yoghurt

TUESDAY

Soup of the Day

Roast Tomato & Yellow Pepper

Main

Pork Loin Creamy Mushroom
Sauce

Main Vegetarian

Veggie Chilli Nachos Salsa, Sour
Cream, Guacamole

Pasta of the Day

Lentil Ragu with Courgette

Side Orders

Roast Garlic Mash

Lemon & Garlic Broccoli

Dessert

Rhubarb & Ginger Crumble Cake

WEDNESDAY

Soup of the Day

Broccoli

Main

Beef Stir-Fry served with
Coconut Rice

Main Vegetarian

Vegetarian Moussaka

Pasta of the Day

Cheesy Nut Free Pesto

Side Orders

Coconut Rice

Carrot & Green Beans

Dessert

Chocolate Brownie

THURSDAY

Soup of the Day

Mushroom

Main

Harissa and Lemon Chicken
Thigh

Main Vegetarian

Vegetables Tagine

Pasta of the Day

Homemade Ratatouille

Side Orders

Tomato Cous Cous

Roasted Caulflowers

Dessert

Orange Polenta Cake

FRIDAY

Soup of the Day

Spiced Citrus Bean

Main

Salmon, Broccoli & Dill Frittata

Main Vegetarian

Vegan quesadilla

Pasta of the Day

Tomato Sauce

Side Orders

Chips

Garden Peas Crunchy Slaw

Dessert

Homemade Apple Flapjacks



week 1

Weekly Menu



MONDAY

Morning Break

Fried Egg & Rosti Bap

Assorted Pastry Selection

TUESDAY

Morning Break

Ham & Cheese or Tomato & Cheese Croissant

Assorted Pastry Selection

WEDNESDAY

Morning Break

Pancake with Crispy Bacon & Maple Syrup

Assorted Pastry Selection

THURSDAY

Morning Break

Breakfast Muffin Spinach & Egg

Assorted Pastry Selection

FRIDAY

Morning Break

Grilled Sausage Bap

Assorted Pastry Selection

week 2

Weekly Menu



MONDAY

Morning Break

Vegetarian Breakfast Wrap

Assorted Pastry Selection

TUESDAY

Morning Break

Pastrami Mustard Mayo Bagel

Assorted Pastry Selection

WEDNESDAY

Morning Break

Scrambled Egg, Bacon & Smashed Avocado Bap

Assorted Pastry Selection

THURSDAY

Morning Break

Bacon & Egg Muffin

Assorted Pastry Selection

FRIDAY

Morning Break

Miso Broth with Poached Egg

Assorted Pastry Selection

week 3

Weekly Menu



MONDAY

Morning Break

Vegan Pasty Roll

Assorted Pastry Selection

TUESDAY

Morning Break

Scrambled Egg & Chive Bap

Assorted Pastry Selection

WEDNESDAY

Morning Break

Brie & Mushroom or Brie & Salami Croissant

Assorted Pastry Selection

THURSDAY

Morning Break

Bacon & Spinach Bap

Assorted Pastry Selection

FRIDAY

Morning Break

Smoked Salmo & Cream Cheese Bagel

Assorted Pastry Selection

