

week 3

Weekly Menu



MONDAY

Soup of the Day

Carrot & Fennel

Main

Sweet Potato & Chickpea Falafel, Tzatziki & Red Slaw

Main Vegetarian

Boa Bun with Crispy Tofu, Siracha Dressing

Pasta of the Day

Spaghetti with Tomato Sauce

Side Orders

khobez Bread

Miso Glazed Vegetables

Dessert

Creamy Vanilla & Coconut Rice Pudding

TUESDAY

Soup of the Day

Smokey Tomato & Orzo

Main

Chicken Paella

Main Vegetarian

Spinach & Ricotta Lasagne

Pasta of the Day

Fusilli Pasta with Chunky Vegetable & Tomato Sauce (GF available)

Side Orders

Herby Garlic Bread

Roasted Mediterranean Vegetables

Dessert

Homemade Carrot Cake

WEDNESDAY

Soup of the Day

Kale, Leek & Potato

Main

Grilled Pork Sausage, Fried Onions & Gravy

Main Vegetarian

Classic Ratatouille with Penne Pasta (GF option available)

Pasta of the Day

Penne with Three Cheese Sauce

Side Orders

Creamy Mashed Potato

Roasted Root Vegetables Green Beans

Dessert

Apple Crumble

THURSDAY

Soup of the Day

Tomato & Med Veg

Main

Katsu Chicken Curry

Main Vegetarian

Mushroom Stroganoff with Soy Pieces

Pasta of the Day

Arrabiatta Sauce

Side Orders

Steamed Jasmine Rice

Stir Fried Greens

Dessert

Sticky Toffee & Banana Pudding

FRIDAY

Soup of the Day

French Onion

Main

Fish Finger Burger

Main Vegetarian

Vegetarian Massaman Curry

Pasta of the Day

Penne with Cheesy Nut Free Pesto

Side Orders

Chips

Garden Peas Roast Carrots

Dessert

White Chocolate Mousse



week 1

Weekly Menu



MONDAY

Morning Break

Smoked Bacon Roll

Assorted Pastry Selection

TUESDAY

Morning Break

Ham & Cheese or Tomato & Cheese Croissant

Assorted Pastry Selection

WEDNESDAY

Morning Break

Belgium Waffles, Bacon & Maple Syrup

Assorted Pastry Selection

THURSDAY

Morning Break

Egg & Cheese Muffin

Assorted Pastry Selection

FRIDAY

Morning Break

Grilled Sausage Bap

Assorted Pastry Selection

week 2

Weekly Menu



MONDAY

Morning Break

French Toast

Assorted Pastry Selection

TUESDAY

Morning Break

Ham & Cheese Croissant

Assorted Pastry Selection

WEDNESDAY

Morning Break

Sausage Rolls

Assorted Pastry Selection

THURSDAY

Morning Break

Cheesy Flat Bread

Assorted Pastry Selection

FRIDAY

Morning Break

Grilled Sausage Bap

Assorted Pastry Selection

week 3

Weekly Menu



MONDAY

Morning Break

Vegan Sausage Roll

Assorted Pastry Selection

TUESDAY

Morning Break

Bacon, Hash Brown, Cheese Toast Sandwich

Assorted Pastry Selection

WEDNESDAY

Morning Break

Croque Monsieur

Assorted Pastry Selection

THURSDAY

Morning Break

Belgium Waffles, Bacon & Maple Syrup

Assorted Pastry Selection

FRIDAY

Morning Break

Grilled Sausage Bap

Assorted Pastry Selection

